



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

**Dolde, Kerstin**

Club: SV Hof

Number: 376

Course: 10.00 km

Volkslauf

Category:

Frauen W45

Total time: 1:28:14

Speed: 6.80 km/h

Running performance: 8:49 min/km

Rank in course/Total: 174 (of 175)

Rank in course/Women: 64 (of 65)

Best time in course: 49:07

Rank in category: 13(of 13)

Best time in the category: 55:26