



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Opel, Oliver

Club: LAMILUXaktiv

Number: 22

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 1:44:04

Speed: 12.11 km/h

Running performance: 4:56 min/km

Rank in course/Total: 52 (of 191)

Rank in course/Men: 50 (of 151)

Best time in course: 1:14:14

Rank in category: 7(of 18)

Best time in the category: 1:14:14