



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

Friedrich, Jürgen

Club: IfL Frankenwald

Number: 592

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:47:32

Speed: 11.72 km/h

Running performance: 5:06 min/km

Rank in course/Total: 66 (of 191)

Rank in course/Men: 63 (of 151)

Best time in course: 1:14:14

Rank in category: 23(of 39)

Best time in the category: 1:24:38