



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

**Lüdtke, Ernst**

Club: Regelsbach rennt

Number: 529

Course: 21.10 km

Halbmarathon

Category:

Männer M55

Total time: 1:49:14

Speed: 11.53 km/h

Running performance: 5:11 min/km

Rank in course/Total: 71 (of 191)

Rank in course/Men: 67 (of 151)

Best time in course: 1:14:14

Rank in category: 4(of 7)

Best time in the category: 1:37:45