



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Kauper, Helga

Club: SGB Stadtsteinach

Number: 165

Course: 21.10 km

Halbmarathon

Category:

Frauen W50

Total time: 1:49:32

Speed: 11.50 km/h

Running performance: 5:11 min/km

Rank in course/Total: 72 (of 191)

Rank in course/Women: 5 (of 40)

Best time in course: 1:38:11

Rank in category: 1(of 7)

Best time in the category: 1:49:32