



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Krippendorf, Gerhard

Club: IfL Hof

Number: 51

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:49:48

Speed: 11.48 km/h

Running performance: 5:12 min/km

Rank in course/Total: 73 (of 191)

Rank in course/Men: 68 (of 151)

Best time in course: 1:14:14

Rank in category: 25(of 39)

Best time in the category: 1:24:38