



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

**Knoth, Wolfgang**

Club: MaliCrew

Number: 456

Course: 10.00 km

Nordic Walking

Category:

Nordic Walking Männer

Total time: 1:20:06

Speed: 7.49 km/h

Running performance: 8:01 min/km

Rank in course/Total: 2 (of 37)

Rank in course/Men: 2 (of 9)

Best time in course: 1:18:55

Rank in category: 2(of 9)

Best time in the category: 1:18:55