



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Merkel, Thomas

Club: Polizei Hof

Number: 260

Course: 10.00 km

Volkslauf

Category:

Männer M30

Total time: 42:47

Speed: 14.02 km/h

Running performance: 4:17 min/km

Rank in course/Total: 4 (of 175)

Rank in course/Men: 4 (of 110)

Best time in course: 41:31

Rank in category: 2(of 9)

Best time in the category: 41:42