



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Biel, Bine

Club: IfL Hof

Number: 153

Course: 21.10 km

Halbmarathon

Category:

Frauen W40

Total time: 1:50:49

Speed: 11.37 km/h

Running performance: 5:15 min/km

Rank in course/Total: 79 (of 191)

Rank in course/Women: 6 (of 40)

Best time in course: 1:38:11

Rank in category: 3(of 7)

Best time in the category: 1:38:11