



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Gruber, Thomas

Club: Hof

Number: 103

Course: 21.10 km

Halbmarathon

Category:

Männer M50

Total time: 1:51:53

Speed: 11.26 km/h

Running performance: 5:18 min/km

Rank in course/Total: 83 (of 191)

Rank in course/Men: 77 (of 151)

Best time in course: 1:14:14

Rank in category: 9(of 21)

Best time in the category: 1:37:39