



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Theile, Alexander

Club: Nürnberg

Number: 16

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 1:52:45

Speed: 11.18 km/h

Running performance: 5:20 min/km

Rank in course/Total: 85 (of 191)

Rank in course/Men: 79 (of 151)

Best time in course: 1:14:14

Rank in category: 9(of 18)

Best time in the category: 1:14:14