



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Derr, Helga

Club: Lady Sports by dominik-s

Number: 538

Course: 10.00 km

Nordic Walking

Category:

Nordic Walking Frauen

Total time: 1:23:31

Speed: 7.18 km/h

Running performance: 8:21 min/km

Rank in course/Total: 5 (of 37)

Rank in course/Women: 2 (of 28)

Best time in course: 1:21:55

Rank in category: 2(of 28)

Best time in the category: 1:21:55