



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Ploß, Bettina

Club: SG Hutschenreuther Selb
Number: 158

Course: 21.10 km
Halbmarathon

Category:
Frauen W45

Total time: 1:53:17

Speed: 11.12 km/h
Running performance: 5:22 min/km

Rank in course/Total: 86 (of 191)

Rank in course/Women: 7 (of 40)

Best time in course: 1:38:11

Rank in category: 2(of 6)

Best time in the category: 1:48:00