



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

**Michel, Stefan**

Club: IfL Frankenwald

Number: 65

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:54:17

Speed: 11.03 km/h

Running performance: 5:25 min/km

Rank in course/Total: 92 (of 191)

Rank in course/Men: 85 (of 151)

Best time in course: 1:14:14

Rank in category: 29(of 39)

Best time in the category: 1:24:38