



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

**Zeh, Renate**

Club: Lady Sports by dominik-s

Number: 481

Course: 10.00 km

Nordic Walking

Category:

Nordic Walking Frauen

Total time: 1:25:35

Speed: 7.01 km/h

Running performance: 8:34 min/km

Rank in course/Total: 7 (of 37)

Rank in course/Women: 3 (of 28)

Best time in course: 1:21:55

Rank in category: 3(of 28)

Best time in the category: 1:21:55