



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Thiede, Christian

Club: SG Regnitzlosau

Number: 13

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 1:57:32

Speed: 10.72 km/h

Running performance: 5:34 min/km

Rank in course/Total: 98 (of 191)

Rank in course/Men: 91 (of 151)

Best time in course: 1:14:14

Rank in category: 11(of 18)

Best time in the category: 1:14:14