



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Prell, Thomas

Club: Röslau

Number: 587

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 2:00:49

Speed: 10.43 km/h

Running performance: 5:44 min/km

Rank in course/Total: 113 (of 191)

Rank in course/Men: 104 (of 151)

Best time in course: 1:14:14

Rank in category: 17(of 27)

Best time in the category: 1:19:05