



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Ziehr, Marion

Club: Hof

Number: 467

Course: 10.00 km

Nordic Walking

Category:

Nordic Walking Frauen

Total time: 1:32:14

Speed: 6.51 km/h

Running performance: 9:13 min/km

Rank in course/Total: 19 (of 37)

Rank in course/Women: 11 (of 28)

Best time in course: 1:21:55

Rank in category: 11(of 28)

Best time in the category: 1:21:55