



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Griess, Gerhardt

Club: Fortuna Gefell

Number: 452

Course: 10.00 km

Nordic Walking

Category:

Nordic Walking Männer

Total time: 1:33:43

Speed: 6.40 km/h

Running performance: 9:22 min/km

Rank in course/Total: 26 (of 37)

Rank in course/Men: 8 (of 9)

Best time in course: 1:18:55

Rank in category: 8(of 9)

Best time in the category: 1:18:55