



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

**Wolfrum, Christa**

Club: IfL Hof

Number: 470

Course: 10.00 km

Nordic Walking

Category:

Nordic Walking Frauen

Total time: 1:34:07

Speed: 6.38 km/h

Running performance: 9:25 min/km

Rank in course/Total: 28 (of 37)

Rank in course/Women: 19 (of 28)

Best time in course: 1:21:55

Rank in category: 19(of 28)

Best time in the category: 1:21:55