



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Knappe, Stephan

Club: Döhlau

Number: 113

Course: 21.10 km

Halbmarathon

Category:

Männer M50

Total time: 2:04:00

Speed: 10.16 km/h

Running performance: 5:53 min/km

Rank in course/Total: 126 (of 191)

Rank in course/Men: 112 (of 151)

Best time in course: 1:14:14

Rank in category: 15(of 21)

Best time in the category: 1:37:39