



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

**Geißer, Hans-Jürgen**

Club: Polizei Hof

Number: 305

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 47:02

Speed: 12.76 km/h

Running performance: 4:42 min/km

Rank in course/Total: 11 (of 175)

Rank in course/Men: 11 (of 110)

Best time in course: 41:31

Rank in category: 1(of 17)

Best time in the category: 47:02