



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Grüner, Michael

Club: REHAU AG & Co

Number: 23

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 2:04:21

Speed: 10.13 km/h

Running performance: 5:53 min/km

Rank in course/Total: 130 (of 191)

Rank in course/Men: 114 (of 151)

Best time in course: 1:14:14

Rank in category: 13(of 18)

Best time in the category: 1:14:14