



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

Lauterach, Cordula

Club: SGB Stadtsteinach

Number: 143

Course: 21.10 km

Halbmarathon

Category:

Frauen W20

Total time: 2:05:20

Speed: 10.05 km/h

Running performance: 5:56 min/km

Rank in course/Total: 132 (of 191)

Rank in course/Women: 18 (of 40)

Best time in course: 1:38:11

Rank in category: 3(of 8)

Best time in the category: 1:39:38