



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Wilfert, Berthina

Club: Wanla

Number: 606

Course: 21.10 km

Halbmarathon

Category:

Frauen W30

Total time: 2:10:49

Speed: 9.63 km/h

Running performance: 6:12 min/km

Rank in course/Total: 144 (of 191)

Rank in course/Women: 21 (of 40)

Best time in course: 1:38:11

Rank in category: 3(of 7)

Best time in the category: 2:03:00