



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

Schomacher, Nora

Club: Recklinghausen

Number: 144

Course: 21.10 km

Halbmarathon

Category:

Frauen W20

Total time: 2:16:20

Speed: 9.24 km/h

Running performance: 6:28 min/km

Rank in course/Total: 167 (of 191)

Rank in course/Women: 31 (of 40)

Best time in course: 1:38:11

Rank in category: 5(of 8)

Best time in the category: 1:39:38