



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

Jenkis, Gerhard

Club: Hof

Number: 574

Course: 21.10 km

Halbmarathon

Category:

Männer M50

Total time: 2:30:05

Speed: 8.40 km/h

Running performance: 7:07 min/km

Rank in course/Total: 183 (of 191)

Rank in course/Men: 146 (of 151)

Best time in course: 1:14:14

Rank in category: 20(of 21)

Best time in the category: 1:37:39