



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

Wienhold, Kathrin

Club: Hof

Number: 528

Course: 21.10 km

Halbmarathon

Category:

Frauen W45

Total time: 2:36:17

Speed: 8.06 km/h

Running performance: 7:25 min/km

Rank in course/Total: 186 (of 191)

Rank in course/Women: 39 (of 40)

Best time in course: 1:38:11

Rank in category: 6(of 6)

Best time in the category: 1:48:00