



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Azzeddine, Amir

Club: Hof

Number: 577

Course: 10.00 km

Volkslauf

Category:

Männer M20

Total time: 48:23

Speed: 12.40 km/h

Running performance: 4:50 min/km

Rank in course/Total: 18 (of 175)

Rank in course/Men: 18 (of 110)

Best time in course: 41:31

Rank in category: 2(of 11)

Best time in the category: 46:09