



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Bettermann, Uwe

Club: LV Einheit Greiz

Number: 303

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 48:42

Speed: 12.32 km/h

Running performance: 4:52 min/km

Rank in course/Total: 19 (of 175)

Rank in course/Men: 19 (of 110)

Best time in course: 41:31

Rank in category: 4(of 17)

Best time in the category: 47:02