



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Ziener, Tanja

Club: LG Hof

Number: 360

Course: 10.00 km

Volkslauf

Category:

Frauen W40

Total time: 49:07

Speed: 12.22 km/h

Running performance: 4:55 min/km

Rank in course/Total: 21 (of 175)

Rank in course/Women: 1 (of 65)

Best time in course: 49:07

Rank in category: 1(of 15)

Best time in the category: 49:07