



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Bernhuber, Uwe

Club: LG Hof

Number: 296

Course: 10.00 km

Volkslauf

Category:

Männer M45

Total time: 49:07

Speed: 12.22 km/h

Running performance: 4:55 min/km

Rank in course/Total: 22 (of 175)

Rank in course/Men: 21 (of 110)

Best time in course: 41:31

Rank in category: 4(of 15)

Best time in the category: 43:22