



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Garcia, Jose

Club: AVG Club Omnisports

Number: 283

Course: 10.00 km

Volkslauf

Category:

Männer M40

Total time: 49:26

Speed: 12.14 km/h

Running performance: 4:56 min/km

Rank in course/Total: 23 (of 175)

Rank in course/Men: 22 (of 110)

Best time in course: 41:31

Rank in category: 5(of 17)

Best time in the category: 42:04