



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Degenkolb, Thomas

Club: SG Kürbitz

Number: 284

Course: 10.00 km

Volkslauf

Category:

Männer M40

Total time: 50:17

Speed: 11.93 km/h

Running performance: 5:02 min/km

Rank in course/Total: 31 (of 175)

Rank in course/Men: 29 (of 110)

Best time in course: 41:31

Rank in category: 7(of 17)

Best time in the category: 42:04