



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

**Dürst, Harald**

Club: Bayreuth

Number: 297

Course: 10.00 km

Volkslauf

Category:

Männer M45

Total time: 52:15

Speed: 11.48 km/h

Running performance: 5:13 min/km

Rank in course/Total: 39 (of 175)

Rank in course/Men: 35 (of 110)

Best time in course: 41:31

Rank in category: 6(of 15)

Best time in the category: 43:22