



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Krell, Kai-Uwe

Club: NaturFreunde Plauen e.V.

Number: 58

Course: 10.00 km

Volkslauf

Category:

Männer M40

Total time: 52:27

Speed: 11.44 km/h

Running performance: 5:14 min/km

Rank in course/Total: 40 (of 175)

Rank in course/Men: 36 (of 110)

Best time in course: 41:31

Rank in category: 8(of 17)

Best time in the category: 42:04