



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

**Dziallas, Franz**

Club: IfL Frankenwald

Number: 319

Course: 10.00 km

Volkslauf

Category:

Männer M60

Total time: 53:46

Speed: 11.16 km/h

Running performance: 5:23 min/km

Rank in course/Total: 46 (of 175)

Rank in course/Men: 41 (of 110)

Best time in course: 41:31

Rank in category: 1(of 2)

Best time in the category: 53:46