



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Porzelt, Matthias

Club: SV Seelach

Number: 266

Course: 10.00 km

Volkslauf

Category:

Männer M35

Total time: 54:02

Speed: 11.10 km/h

Running performance: 5:24 min/km

Rank in course/Total: 48 (of 175)

Rank in course/Men: 43 (of 110)

Best time in course: 41:31

Rank in category: 5(of 12)

Best time in the category: 45:34