



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Olmes, Sebastian

Club: Hof

Number: 586

Course: 10.00 km

Volkslauf

Category:

Männer M20

Total time: 54:12

Speed: 11.07 km/h

Running performance: 5:25 min/km

Rank in course/Total: 49 (of 175)

Rank in course/Men: 44 (of 110)

Best time in course: 41:31

Rank in category: 5(of 11)

Best time in the category: 46:09