



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Christian, Jürgen

Club: Döhlau

Number: 278

Course: 10.00 km

Volkslauf

Category:

Männer M40

Total time: 54:24

Speed: 11.03 km/h

Running performance: 5:26 min/km

Rank in course/Total: 50 (of 175)

Rank in course/Men: 45 (of 110)

Best time in course: 41:31

Rank in category: 9(of 17)

Best time in the category: 42:04