



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Wilczek, Stefan

Club: Kaufbeuren

Number: 259

Course: 10.00 km

Volkslauf

Category:

Männer M30

Total time: 54:49

Speed: 10.95 km/h

Running performance: 5:29 min/km

Rank in course/Total: 51 (of 175)

Rank in course/Men: 46 (of 110)

Best time in course: 41:31

Rank in category: 6(of 9)

Best time in the category: 41:42