



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Böhm, Jörg

Club: Trogen

Number: 288

Course: 10.00 km

Volkslauf

Category:

Männer M40

Total time: 55:44

Speed: 10.77 km/h

Running performance: 5:34 min/km

Rank in course/Total: 54 (of 175)

Rank in course/Men: 48 (of 110)

Best time in course: 41:31

Rank in category: 10(of 17)

Best time in the category: 42:04