



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Dörnhöfer, Thomas

Club: AsV Kulunbach

Number: 545

Course: 10.00 km

Volkslauf

Category:

Männer M40

Total time: 56:09

Speed: 10.69 km/h

Running performance: 5:37 min/km

Rank in course/Total: 55 (of 175)

Rank in course/Men: 49 (of 110)

Best time in course: 41:31

Rank in category: 11(of 17)

Best time in the category: 42:04