



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Michel, Mike

Club: Schwarzenbach/Wald

Number: 550

Course: 10.00 km

Volkslauf

Category:

Männer M35

Total time: 57:32

Speed: 10.43 km/h

Running performance: 5:45 min/km

Rank in course/Total: 64 (of 175)

Rank in course/Men: 55 (of 110)

Best time in course: 41:31

Rank in category: 7(of 12)

Best time in the category: 45:34