



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Thümling, Heinrich

Club: Polizei Hof

Number: 541

Course: 10.00 km

Volkslauf

Category:

Männer M55

Total time: 58:33

Speed: 10.25 km/h

Running performance: 5:52 min/km

Rank in course/Total: 70 (of 175)

Rank in course/Men: 58 (of 110)

Best time in course: 41:31

Rank in category: 4(of 8)

Best time in the category: 47:31