



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

Lami-Lacoeuilhe, Claire

Club: AVG Club Omnisports

Number: 381

Course: 10.00 km

Volkslauf

Category:

Frauen W55

Total time: 58:55

Speed: 10.18 km/h

Running performance: 5:53 min/km

Rank in course/Total: 73 (of 175)

Rank in course/Women: 13 (of 65)

Best time in course: 49:07

Rank in category: 1(of 2)

Best time in the category: 58:55