



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

Schäfer, Joel

Club: Triathlonfreunde n.e.V Naila

Number: 325

Course: 10.00 km

Volkslauf

Category:

männliche Schüler A

Total time: 58:56

Speed: 10.18 km/h

Running performance: 5:53 min/km

Rank in course/Total: 74 (of 175)

Rank in course/Men: 61 (of 110)

Best time in course: 41:31

Rank in category: 4(of 7)

Best time in the category: 46:45