



10. Langenberg-Marathon
Bruchhausen / 02.10.2011

Detailed evaluation

Pantförder, Rüdiger

Club: Castrop-Rauxel

Number: 121

Course: 45.00 km

Kurzdistanz

Category:

Senioren II

Total time: 2:24:59

Speed: 18.62 km/h

Rank in course/Total: 226 (of 498)

Rank in course/Men: 211 (of 440)

Best time in course: 1:45:41

Rank in category: 77(of 166)

Best time in the category: 1:49:55