



# 10. Langenberg-Marathon

Bruchhausen / 02.10.2011

## Detailed evaluation

**Wolf, Helen**

Club: Mountain Heroes

Number: 469

Course: 80.00 km

Langdistanz

Category:

Damen

Total time: 4:23:38

Speed: 18.21 km/h

Rank in course/Total: 96 (of 157)

Rank in course/Women: 4 (of 8)

Best time in course: 3:45:47

Rank in category: 2 (of 2)

Best time in the category: 4:07:14

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Stage score		Total ranking								
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenkontrolle	45.00	2:19:00	19.42	2	8:07	4	20:38	45.00	2:19:00	19.42	2	8:07	4	20:38
Finish	35.00	2:04:38	16.85	2	8:17	4	17:13	80.00	4:23:38	18.21	2	16:24	4	37:51