



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Guder, Torsten

Club: TSV Breuna
Number: 389

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 1:46:47

Speed: 11.80 km/h
Running performance: 5:04 min/km

Rank in course/Total: 28 (of 130)

Rank in course/Men: 26 (of 97)

Best time in course: 1:23:55

Rank in category: 7(of 21)

Best time in the category: 1:33:42

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	54:16	5:07	8	6:29	31	12:07	10.60	54:16	5:07	16			97
Last lap Finish	10.50	52:31	5:00	7	6:45	23	10:45	21.10	1:46:47	5:03	7	13:05	26	22:52